

This handout provides a quick reference guide to the basic citation rules of the American Psychological Association. Please note that the examples of reference list entries use hanging indentions less than the recommended half inch and are single-spaced instead of double-spaced to save room. **Always double space your reference list.** For complete information on APA style, please refer to the print manual or the Purdue Online Writing Lab.

American Psychological Association. (2010). *Publication Manual of the American Psychological Association* (6th ed.). Washington, DC: Author.

Purdue University Online Writing Lab (OWL) (2010, January). *APA Formatting and Style Guide*. Retrieved February 11, 2010 from <http://owl.english.purdue.edu/owl/resource/560/01/>

You can borrow a copy of the *Publication Manual* at reference services or the circulation desk.

References in the text of your paper (See pp. 174–179 in the *Publication Manual* for complete details)

APA style requires that you cite the author and publication year of a source in the text of your paper. One or both of these elements may be in parentheses, depending on the situation. Direct quotations also require the page number. The full citation will follow in the reference list at the end of the paper. Here are some examples of correct in-text citations.

Kessler (2003) found that among epidemiological samples

Early onset results in a more persistent severe course (Kessler, 2003).

In 2003, Kessler’s study of epidemiological samples showed that

Direct quotations of online material without pagination

Follow the author/date format for written sources (see pages 171–172 of the *Publication Manual*). For electronic sources that do not provide page numbers, use the paragraph number, if available, preceded by the abbreviation *para*. If neither page nor paragraph numbers are available, cite the heading and the number of the paragraph following the heading to direct the reader to the location of the material. If necessary, shorten the heading or leave it out.

Basu and Jones (2007) went so far as to suggest the need for “regulation in cyber space” (para. 4).

In their study, Verbunt, Pernot, and Smeets (2008) found that “the level of perceived disability ... less by their physical condition” (Discussion section, para. 1).

“Empirical studies have found mixed results on the efficacy of labels ... changing consumption behavior” (Golan, Kuchler, & Krissof, 2007, “Mandatory Labeling Has Targeted,” para. 4).

Reference list at the end of the paper (See pp. 193–224 in the *Publication Manual* for a comprehensive list of examples)

A reference list begins on a separate page from the rest of your paper with the heading “References” centered at the top (without quotation marks, italics or boldface). Reference list entries are listed alphabetically by the last name of the first author of each work. If no author is given, start with the first significant word in the title. In titles, capitalize only the first word of the title, the first word of the subtitle, and proper names. Put each entry in hanging indent format, with the first line of each entry flush left and subsequent lines indented one-half inch. Double-space the entire list.

Books

Basic formats

Author, A. A. (1967). *Title of work*. Location: Publisher.

Author, A. A. (1997). *Title of work*. Retrieved from <http://www.xxxxxxx>

Author, A. A. (2006). *Title of work*. doi:xxxxx

Editor, A. A. (Ed.). (1986). *Title of work*. Location: Publisher.

Entire book, print version

Shotton, M. A. (1989). *Computer Addiction? A study of computer dependency*. London, England: Taylor & Francis.

Book chapter, print version

Haybron, D. M. (2008). Philosophy and the science of subjective well-being. In M. Eid & R. J. Larsen (Eds.), *The science of subjective well-being* (pp. 17–43). New York, NY: Guilford Press.

An electronic book (available online)

De Huff, E. W. *Taytay's tales: Traditional Pueblo Indian tales*. Retrieved from <http://digital.library.upenn.edu/women/dehuff/taytay/taytay.html>

An electronic book (purchased)

Davis, J. *Familiar birdsongs of the Northwest*. Available from <http://www.powells.com/cgi-bin/biblio?inkey=1-9780931686108-0>

An entry in an encyclopedia

Bergmann, P. G. (1993). Relativity. In *The new encyclopedia Britannica* (Vol. 26, pp. 501–508). Chicago: Encyclopedia Britannica.

An entry in an online encyclopedia or dictionary

Feminism. (n.d.) In *Encyclopædia Britannica online*. Retrieved from <http://www.britannica.com>

Periodicals

Starting with the 6th edition, APA includes DOI information in the standard citation format for electronic documents.

What is DOI? A digital object identifier (DOI) is a unique alphanumeric string assigned by a registration agency (the International DOI Foundation) to identify content and provide a persistent link to its location online. The publisher assigns a DOI to each article that is published and made available electronically. For more information about citing articles retrieved from electronic databases, see pp. 187–192 of the *Publication Manual*.

Articles from an aggregated database The APA no longer requires information about the database (e.g., an EBSCO database like Academic Search Complete) in addition to the information about the article. Instead, cite the retrieved article as if it is a print article. Include the page numbers based on the original print version. Provide the DOI when available. Do not include a retrieval date unless the source material may change over time (e.g., Wikis).

Basic format

Author, A. A., Author, B. B., & Author, C. C. (year). Title of article. *Title of Periodical*, xx, pp–pp. doi:xx.xxxxxxxxxx

Journal article with DOI

Herbst-Damm, K. L., & Kulik, J. A. (2005). Volunteer support, marital status, and the survival times of terminally ill patients. *Health Psychology*, 24, 225–229. doi:10.1037/0278-6133.24.2.225

Journal article with no DOI

Kenneth, I. A. (2000). A Buddhist response to the nature of human rights. *Journal of Buddhist Ethics*, 8. Retrieved from <http://www.cac.psu.edu/jbe/twocont.html>

Journal article with DOI, more than seven authors

Gilbert, D. G., McClernon, J. F., Rabinovich, N. E., Sugai, C., Plath, L. C., Asgaard, G., ... Botros, N. (2004). Effects of quitting smoking on EEG activation and attention last for more than 31 days and are more severe with stress, dependence, DRD2 A1 allele, and depressive traits. *Nicotine and Tobacco Research*, 6, 249–267. doi:10.1080/14622200410001676305

Journal article from a database

Smyth, A. M., Parker, A. L., & Pease, D. L. (2002). A study of enjoyment of peas. *Journal of Abnormal Eating*, 8(3), 120-125.

Magazine article

Chamberlin, J., Novotney, A., Packard, E., & Price, M. (2008, May). Enhancing worker well-being: Occupational health psychologists convene to share their research on work, stress, and health. *Monitor on Psychology*, 39(5), 26–29.

Newsletter article, no author

Six sites meet for comprehensive anti-gang initiative conference. (2006, November/December). *OJJDP News @ a Glance*. Retrieved from http://www.ncjrs.gov/html/ojjdp/news_at_glance/216684/topstory.html

Newspaper article

Schwartz, J. (1993, September 30). Obesity affects economic, social status. *The Washington Post*, pp. A1, A4.

Other Formats

Informally published or self-archived work, from ERIC

Kubota, K. (2007). “Soaking” model for learning: Analyzing Japanese learning/teaching process from a socio-historical perspective. Retrieved from ERIC database. (ED498566)

Dissertation abstract

Yoshida, Y. (2001). Essays in urban transportation (Doctoral dissertation, Boston College, 2001). *Dissertation Abstracts International*, 62, 7741A.

Government document

National Institute of Mental Health. (1990). *Clinical training in serious mental illness* (DHHS Publication No. ADM 90-1679). Washington, DC: U.S. Government Printing Office.

Report from a private organization

American Psychiatric Association. (2000). *Practice guidelines for the treatment of patients with eating disorders* (2nd ed.). Washington, DC: Author.

Conference proceedings

Schnase, J. L., & Cunniss, E. L. (Eds.). (1995). Proceedings from CSCL '95: *The First International Conference on Computer Support for Collaborative Learning*. Mahwah, NJ: Erlbaum.

Multipage document created by a private organization, no date

Greater New Milford (Ct) Area Healthy Community 2000, Task Force on Teen and Adolescent Issues. (n.d.). *Who has time for a family meal? You do!* Retrieved October 5, 2000 from <http://www.familymealtime.org>

Stand-alone document, no author identified, no date

GVU's 8th WWW user survey. (n.d.). Retrieved August 8, 2000, from http://www.cc.gatech.edu/gvu/user_surveys/survey-1997-10

U.S. government report on government agency Web site, no publication date given
United States Sentencing Commission. (n.d.). *1997 sourcebook of federal sentencing statistics*. Retrieved December 8, 1999, from <http://www.ussc.gov/annrpt/1997/sbtoc97.htm>

Nonperiodical Web Document, Web Page, or Report

Use the basic format below and include as much of the required information as possible. The citation for the Purdue Online Writing Lab below is in proper APA citation format.

Basic format

Author, A. A., & Author, B. B. (Date of publication). *Title of document*. Retrieved from <http://Web address>

Web page

Purdue University Online Writing Lab (OWL) (2010, January). *APA Formatting and Style Guide*. Retrieved February 11, 2010 from <http://owl.english.purdue.edu/owl/section/2/10/>

APA title page example (not to scale) (See pp. 41–59 of the *Publication Manual* for sample papers formatted in APA style.

Running head: EFFECTS OF FORMATTING RESEARCH PAPERS

1

Effects of Formatting Research Papers on the Brain
Jennifer B. Student and Helen K. Researcher
The University of Central Oklahoma

Author Note

The first paragraph of the author note should identify complete departmental affiliations at the time of the study for all authors. The author note should be double-spaced.

The second paragraph of the author note should identify changes in affiliation (if any) subsequent to the time of study.

The third paragraph should identify grants or other financial support for your study and provide an explanation of any special circumstances.

The fourth paragraph should include complete contact information for correspondence. End this paragraph with an email address and no period. E-mail: jdoe@uiuc.edu